

PSHE Long Term Plan



	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
Reception	New beginnings Rules/routines	Building relationships	Taking on challenges	Listening and following instructions	My family and friends	My wellbeing
Year 1/2 A	Family and relationships		Health and wellbeing	Citizenship	Safety and the changing body	
Year 1/2 B	Health and wellbeing	Safety and the changing body	Citizenship	Economic wellbeing	Family and relationships Transition	
Year 3/4 A	Family and relationships		Health and wellbeing	Safety and the changing body	Citizenship	Economic wellbeing
Year 3/4 B	Family and relationships	Health and wellbeing	Safety and the changing body	Citizenship	Economic wellbeing	Transition
Year 5/6 A	Safety and the changing body	Health and wellbeing	Family and relationships	Citizenship	Economic wellbeing	RSE
Year 5/6 B	Safety and the changing body	Health and wellbeing	Family and relationships	Citizenship	Economic wellbeing	RSE

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