



What to do if your child is too ill to attend school

When your child is too ill to attend school you will need to contact the school by 08.30am. You can do so, in the following ways:

- Phone: 01908 501719(answer phone outside of school hours)
- Email: office@whaddon.bucks.sch.uk
- Or in person, if you are dropping off a sibling.

We need to know:

- The name and class of the child
- What they are off sick with
- Any action you have or will take e.g. calling GP, visiting pharmacy, walk in centre or A&E...
- When you think they will return to school

You will need to email or call into school by 08.30am each day your child is off sick.

Should there be persistent absence, due to a reoccurring sickness, a GP note or evidence of GP appointment may be required.

Missing school is not only impactful on your child's attainment, is also harmful from a mental health and well-being point.

Please help us to ensure your child gets the best from their educational experience and their full legal entitlement.

Your child's absence will be recorded as illness for the following reasons:

(This list is not a complete list and is for guidance only.)

- A virus which has caused a high temperature
- Bronchitis
- Chicken pox
- Concussion
- Covid with a temperature or aches
- Impetigo
- Measles
- Migraine
- Mumps
- Pneumonia
- Ring worm
- Scarlet fever
- Slapped cheek
- Tonsillitis
- Vomiting and diarrhoea
- Whooping cough

Giving school a go

We understand that it can be hard to convince a poorly small person that they need to go to school, but It is always best to try to come in. We will *always* exercise compassion and contact you, should your child be too ill to remain in school.

It is always best to call your GP, NHS 111, or visit your pharmacy for advice- should you have concerns about any symptoms your child is experiencing.

Anxiety

There may be times when your child expresses that they have a tummy ache or a headache. We would suggest that they come into school, after having which ever medicine or method of pain-killer your use as a family. Often these can be physical manifestations of anxiety or concern about something that might be happening in school. With your child in school, we can have gentle conversations to unpick what might be bothering them and put any necessary support in place.